

Daytime Prayer

Begin with this while making the sign of the cross:

God, + come to my assistance.
– Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Psalm 119:169-176

Antiphon: As I live, says the Lord, I do not wish the sinner to die, but to turn back to me and live.

Lord, let my cry come before you:
teach me by your word.
Let my pleading come before you;
save me by your promise.

Let my lips proclaim your praise
because you teach me your commands.
Let my tongue sing your promise
for your commands are just.

Let your hand be ready to help me,
since I have chosen your precepts.
Lord, I long for your saving help
and your law is my delight.

Give life to my soul that I may praise you.
Let your decrees give me help.
I am lost like a sheep; seek your servant
for I remember your commands.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer using the above psalm as a starting point.

Psalm Prayer

Lord, grant that we should always offer you the hymns you have made; then we will live to praise you and never forget your commands.

Antiphon: As I live, says the Lord, I do not wish the sinner to die, but to turn back to me and live.

Scripture Reading - Revelation 3:19-20

Whoever is dear to me I reprove and chastise. Be earnest about it, therefore. Repent! Here I stand, knocking at the door. If anyone hears me calling and opens the door, I will enter his house and have supper with him, and he with me.

Intercessions

- Lord Jesus, you became like us in all things but sin; teach us how to share with others their joy and sorrow, that our love may grow deeper every day. *(If praying with others, add: We pray to the Lord.)*

- God of compassion and healing, watch over those who are ill and their caregivers, especially COVID-19 patients, may they be granted your strength. *(If praying with others, add: We pray to the Lord.)*

- May your Mother, the refuge of sinners, pray for us, and gain for us your loving forgiveness. *(If praying with others, add: We pray to the Lord.)*

The Lord's Prayer

Our Father . . .

Concluding Prayer

Lord,
guide us in your gentle mercy,
for left to ourselves
we cannot do your will.
Grant this through Christ our Lord.
– Amen.