

Morning Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips.
– And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Psalm 92

Antiphon: We do well to sing to your name, Most High,
and proclaim your mercy at daybreak.

It is good to give thanks to the Lord,
to make music to your name, O Most High,
to proclaim your love in the morning
and your truth in the watches of the night,
on the ten-stringed lyre and the lute,
with the murmuring sound of the harp.

Your deeds, O Lord, have made me glad;
for the work of your hands I shout with joy.
O Lord, how great are your works!
How deep are your designs!
The foolish man cannot know this
and the fool cannot understand.

Though the wicked spring up like grass
and all who do evil thrive:
they are doomed to be eternally destroyed.
But you, Lord, are eternally on high.
See how your enemies perish;
all doers of evil are scattered.

To me you give the wild-ox's strength;
you anoint me with the purest oil.
My eyes looked in triumph on my foes;
my ears heard gladly of their fall.
The just will flourish like the palm-tree
and grow like a Lebanon cedar.

Planted in the house of the Lord,
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just.
In him, my rock, there is no wrong.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Silent Prayer

*Take a minute or two of silence for prayer using the above
psalm as a starting point.*

Psalm Prayer

Take our shame away from us, Lord, and make us rejoice
in your saving works. May all who have been chosen by
your Son always abound in works of faith, hope, and love
in your service.

Antiphon: We do well to sing to your name, Most High,
and proclaim your mercy at daybreak.

Scripture Reading - Isaiah 1:16-18

Wash yourselves clean!
Put away your misdeeds from before my eyes;
cease doing evil; learn to do good.
Make justice your aim; redress the wronged,
hear the orphan's plea, defend the widow.
Come now, let us set things right,
says the Lord:
Though your sins be like scarlet,
they may become white as snow;
Though they be crimson red,
they may become white as wool.

Intercessions

- May we keep our bodies pure, as temples of the Holy
Spirit. (*If praying with others, add: We pray to the Lord.*)
- God of compassion and healing, watch over those who
are ill and their caregivers, especially COVID-19 patients,
may they be granted your strength. (*If praying with others,
add: We pray to the Lord.*)
- May we offer ourselves this morning to the service of
others, and do your will in all things throughout the day.
(*If praying with others, add: We pray to the Lord.*)

The Lord's Prayer

Our Father . . .

Closing Prayer

Lord,
guide us in your gentle mercy,
for left to ourselves
we cannot do your will.
Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
– Amen.