

## Daytime Prayer

### **Begin with this while making the sign of the cross:**

God, + come to my assistance.  
– Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever.  
Amen.

### **Psalm 119:41-48**

**Antiphon:** I know my own sheep, and my own know me,  
as the Father knows me and as I know the Father; and I  
lay down my life for my sheep.

Lord, let your love come upon me,  
the saving help of your promise.  
And I shall answer those who taunt me  
for I trust in your word.

Do not take the word of truth from my mouth  
for I trust in your decrees.  
I shall always keep your law  
for ever and ever.

I shall walk in the path of freedom  
for I seek your precepts.  
I will speak of your will before kings  
and not be abashed.

Your commands have been my delight;  
these I have loved.  
I will worship your commands and love them  
and ponder your will.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever.  
Amen.

### **Silent Prayer**

*Take a minute or two of silence for prayer using the above  
psalm as a starting point.*

### **Psalm Prayer**

Father, let your salvation come to us as you have  
promised, that we may keep your law always and, taught  
by the Word of truth, find strength in his salvation.

**Antiphon:** I know my own sheep, and my own know me,  
as the Father knows me and as I know the Father; and I  
lay down my life for my sheep.

## Scripture Reading - Ezekiel 33:10b, 11a

Our crimes and our sins weigh us down, we are rotting  
away because of them. How can we survive? As I live,  
says the Lord God, I swear I take no pleasure in the death  
of the wicked man, but rather in the wicked man's  
conversion, that he may live.

### **Intercessions**

- You made the cross the tree of life, give its fruit to  
those reborn in baptism. (*If praying with others, add: We  
pray to the Lord.*)

- God of compassion and healing, watch over those who  
are ill and their caregivers, especially COVID-19 patients,  
may they be granted your strength. (*If praying with others,  
add: We pray to the Lord.*)

- On the cross you forgave the repentant thief, forgive  
us our sins. (*If praying with others, add: We pray to the  
Lord.*)

### **The Lord's Prayer**

Our Father . . .

### **Concluding Prayer**

Grant, we pray, almighty God,  
that, though in our weakness we fail,  
we may be revived through the Passion of your Only  
Begotten Son.  
Who lives and reigns with you in the unity of the Holy  
Spirit,  
one God, for ever and ever.  
– Amen.