

Daytime Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 120

Antiphon: Christ has risen from the dead and will never die again, alleluia.

To the Lord in the hour of my distress
I call and he answers me.
“O Lord, save my soul from lying lips,
from the tongue of the deceitful.”

What shall he pay you in return,
O treacherous tongue?
The warrior’s arrows sharpened
and coals, red-hot, blazing.

Alas, that I abide a stranger in Meshech,
dwell among the tents of Kedar!

Long enough have I been dwelling
with those who hate peace.
I am for peace, but when I speak,
they are for fighting.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer, using the above psalm as a starting point.

Psalm Prayer

May our words in praise of your commandments find favor with you, Lord. May our faith prove we are not slaves, but sons, not so much subjected to your law as sharing your power.

Antiphon: Christ has risen from the dead and will never die again, alleluia.

Scripture Reading - Colossians 3:1-2

Since you have been raised up in company with Christ, set your heart on what pertains to higher realms where Christ is seated at God’s right hand. Be intent on things above rather than on things of earth.

Intercessions

- Heavenly Father, comfort those who are suffering from the COVID-19 virus, that they may know of your love for them. *(If praying with others, add: We pray to the Lord.)*
- King of glory, shed light upon all first responders, that they may continue to have peace while serving those in need. *(If praying with others, add: We pray to the Lord.)*
- May your Mother, the health of the sick, bring comfort to all those in isolation. *(If praying with others, add: We pray to the Lord.)*

The Lord’s Prayer Our Father. . .

Closing Prayer

O God,
who have bestowed on us paschal remedies,
endow your people with heavenly gifts,
so that, possessed of perfect freedom,
they may rejoice in heaven over what gladdens them now on earth.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
— Amen.