

Morning Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips.

– And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Psalm 77

Antiphon: The waters saw you, O God; you led your people through the sea, alleluia.

I cry aloud to God,
cry aloud to God that he may hear me.
In the day of my distress I sought the Lord.
My hands were raised at night without ceasing;
my soul refused to be consoled.
I remembered my God and I groaned.
I pondered and my spirit fainted.
You withheld sleep from my eyes.
I was troubled, I could not speak.
I thought of the days of long ago
and remembered the years long past.
At night I mused within my heart.
I pondered and my spirit questioned.
“Will the Lord reject us for ever?
Will he show us his favor no more?
Has his love vanished for ever?
Has his promise come to an end?
Does God forget his mercy
or in anger withhold his compassion?”
I said: “This is what causes my grief;
that the way of the Most High has changed.”
I remember the deeds of the Lord,
I remember your wonders of old,
I muse on all your works
and ponder your mighty deeds.
Your ways, O God, are holy.
What god is as great as our God?
You are the God who works wonders.
You showed your power among the peoples.
Your strong arm redeemed your people,
the sons of Jacob and Joseph.
The waters saw you, O God,
the waters saw you and trembled;
the depths were moved with terror.
The clouds poured down rain,
the skies sent forth their voice;
your arrows flashed to and fro.
Your thunder rolled round the sky,
your flashes lighted up the world.
The earth was moved and trembled
when your way led through the sea,
your path through the mighty waters,

and no one saw your footprints.
You guided your people like a flock
by the hand of Moses and Aaron.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer using the above psalm as a starting point.

Psalm Prayer

Father, you established your ancient covenant by signs and wonders, but more wondrously you confirmed the new one through the sacrifice of your Son. Guide your Church through the pathways of life, that we may be led to the land of promise and celebrate your name with lasting praise.

Antiphon: The waters saw you, O God; you led your people through the sea, alleluia.

Scripture Reading - Romans 6:8-11

If we have died with Christ, we believe that we are also to live with him. We know that Christ, once raised from the dead, will never die again; death has no more power over him. His death was death to sin, once for all; his life is life for God. In the same way you must consider yourselves dead to sin but alive for God in Christ Jesus.

Intercessions

- Father of lights, today we offer you our thanks and praise for calling us into your marvelous light, to receive your mercy. (*If praying with others, add: We pray to the Lord.*)

- God of compassion and healing, watch over those who are ill and their caregivers, especially COVID-19 patients, may they be granted your strength. (*If praying with others, add: We pray to the Lord.*)

- May the efforts of mankind to make the world more human, be purified and strengthened by the power of your Spirit. (*If praying with others, add: We pray to the Lord.*)

The Lord's Prayer

Our Father . . .

Closing Prayer

Lord,
as we celebrate your Son's resurrection,
so may we rejoice with all the saints
when he returns in glory,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
– Amen.