

Daytime Prayer

Begin with this while making the sign of the cross:

God, + come to my assistance.
– Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Psalm 119:81-88

Antiphon: Alleluia, alleluia, alleluia.

I yearn for your saving help;
I hope in your word.
My eyes yearn to see your promise.
When will you console me?

Though parched and exhausted with waiting
I have not forgotten your commands.
How long must your servant suffer?
When will you judge my foes?

For me the proud have dug pitfalls,
against your law.
Your commands are all true; then help me
when lies oppress me.

They almost made an end of me on earth
but I kept your precepts.
Because of your love give me life
and I will do your will.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer using the above psalm as a starting point.

Psalm Prayer

When evil seems to triumph, Lord, and our hope begins to fail, give us courage and perseverance in doing your will.

Antiphon: Alleluia, alleluia, alleluia.

Scripture Reading - 1 Corinthians 15:20-22

Christ is now raised from the dead, the first fruits of those who have fallen asleep. Death came through a man; hence the resurrection of the dead comes through a man also. Just as in Adam all die, so in Christ all will come to life again.

Intercessions

- You are present to all who preach your Gospel, and give power to their words, make us today preachers of your resurrection by our holiness of life. *(If praying with others, add: We pray to the Lord.)*

- God of compassion and healing, watch over those who are ill and their caregivers, especially COVID-19 patients, may they be granted your strength. *(If praying with others, add: We pray to the Lord.)*

- Be our great joy that no one can take from us, so that we may reject sin with its sadness, and reach out to eternal life. *(If praying with others, add: We pray to the Lord.)*

The Lord's Prayer

Our Father . . .

Concluding Prayer

Lord,
teach us to know you better
by doing good to others.
Help us to grow in your love
and come to understand the eternal mystery
of Christ's death and resurrection.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
– Amen.