

Daytime Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 119:113-120

Antiphon: Alleluia, alleluia, alleluia.

I have no love for half-hearted men:
my love is for your law.
You are my shelter, my shield;
I hope in your word.

Leave me, you who do evil;
I will keep God's command.
If you uphold me by your promise I shall live;
let my hopes not be in vain.

Sustain me and I shall be saved
and ever observe your commands.
You spurn all who swerve from your statutes;
their cunning is in vain.

You throw away the wicked like dross:
so I love your will.
I tremble before you in terror;
I fear your decrees.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer, using the above psalm as a starting point.

Psalm Prayer

Help us and we shall be saved, Lord God; leave us and we are doomed. May you remain with us always so that the fullness of life may be ours.

Antiphon: Alleluia, alleluia, alleluia.

Scripture Reading - Titus 3:5b-7

God saved us through the baptism of new birth and renewal by the Holy Spirit. This Spirit he lavished on us through Jesus Christ our Savior, that we might be justified by his grace and become heirs, in hope, of eternal life.

Intercessions

- Through your Spirit unite us with yourself, so that trial or persecution or danger may never separate us from your love. *(If praying with others, add: We pray to the Lord.)*

- May we welcome each other, in the way you have welcomed us, to the glory of God. *(If praying with others, add: We pray to the Lord.)*

- Send into the Church the Spirit of unity, to remove all dissension, hatred and division. *(If praying with others, add: We pray to the Lord.)*

The Lord's Prayer Our Father. . .

Closing Prayer

May your Spirit,
O Lord, we pray,
imbue us powerfully with spiritual gifts,
that he may give us a mind pleasing to you
and graciously conform us to your will.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
— Amen.