

Morning Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 147

Antiphon: O praise the Lord, Jerusalem!

O praise the Lord, Jerusalem!
Zion praise your God!

He has strengthened the bars of your gates
he has blessed the children within you.
He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.
He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer, using the above psalm as a starting point.

Psalm Prayer

Lord, you established peace within the borders of Jerusalem. Give the fullness of peace now to your faithful people. May peace rule us in this life and

possess us in eternal life. You are about to fill us with the best of wheat: grant that what we see dimly now as in a mirror, we may come to perceive clearly in the brightness of your truth.

Antiphon: O praise the Lord, Jerusalem!

Scripture Reading - Ephesians 2:13-16

Now in Christ Jesus, you who once were far off have been brought near through the blood of Christ. It is He who is our peace and who made the two of us one by breaking down the barrier of hostility that kept us apart. In his own flesh, He abolished the law with its commands and precepts to create in Himself one new man from us who had been two and to make peace, reconciling both of us to God in one body through His cross, which put that enmity to death.

Intercessions

- From your generosity we have received the beginning of this day, grant us also the beginning of new life. *(If praying with others, add: We pray to the Lord.)*

- We pray for all the sick, especially those with the COVID-19 virus, may they receive healing in heart, body, and mind. *(If praying with others, add: We pray to the Lord.)*

- You created all things, and now you provide for their growth, may we always perceive your handiwork in creation. *(If praying with others, add: We pray to the Lord.)*

The Lord's Prayer Our Father. . .

Closing Prayer

All-powerful Father,
as now we bring you our songs of praise,
so may we sing your goodness
in the company of your saints for ever.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
— Amen.