

Daytime Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 7:2-10

Antiphon: God comes in power to give his people justice.

Lord God, I take refuge in you.
From my pursuer save me and rescue me,
lest he tear me to pieces like a lion
and drag me off with no one to rescue me.

Lord God, if my hands have done wrong,
if I have paid back evil for good,
I who saved my unjust oppressor:
then let my foe pursue me and seize me,
let him trample my life to the ground
and lay my soul in the dust.

Lord, rise up in your anger,
rise against the fury of my foes;
my God, awake! You will give judgment.
Let the company of nations gather round you,
taking your seat above them on high.
The Lord is judge of the peoples.

Give judgment for me, Lord; I am just
and innocent of heart.
Put an end to the evil of the wicked!
Make the just stand firm,
you who test mind and heart, O just God!

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer, using the above psalm as a starting point.

Psalm Prayer

Father, you weigh what is in our hearts. Free us from oppressors, and, as we wait for your day of judgment, set a firm guard on our thoughts, so that while we return

good for evil, we may still praise your kind of justice.

Antiphon: God comes in power to give his people justice.

Scripture Reading - James 1:19b-20, 26

Let every man be quick to hear, slow to speak, slow to anger; for a man's anger does not fulfill God's justice. If a man who does not control his tongue imagines that he is devout, he is self-deceived; his worship is pointless.

Intercessions

- Lord, you died on the cross for our salvation; help us during these difficult times to keep our eyes fixed on your glorious victory over death. (*If praying with others, add: We pray to the Lord.*)

- Through the intercession of all the angels and saints, may we find peace in our hearts, especially during these times. (*If praying with others, add: We pray to the Lord.*)

- Grant us peace, O Lord, that we may love one another, as you had commanded. (*If praying with others, add: We pray to the Lord.*)

The Lord's Prayer Our Father. . .

Closing Prayer

Father,
yours is the harvest
and yours is the vineyard:
you assign the task
and pay a wage that is just.
Help us to meet this day's responsibilities,
and let nothing separate us from your love.
Grant this through Christ our Lord.
— Amen.