

## Daytime Prayer

### **Begin with this while making the sign of the cross:**

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

### **Psalm 118:1-9**

**Antiphon:** While they were at supper, Jesus took bread, said the blessing, broke the bread and gave it to his disciples, alleluia.

Give thanks to the Lord for he is good,  
for his love endures for ever.

Let the sons of Israel say:  
“His love endures for ever.”

Let the sons of Aaron say:  
“His love endures for ever.”

Let those who fear the Lord say:  
“His love endures for ever.”

I called to the Lord in my distress;  
he answered and freed me.  
The Lord is at my side; I do not fear.  
What can man do against me?  
The Lord is at my side as my helper:  
I shall look down on my foes.

It is better to take refuge in the Lord  
than to trust in men:  
it is better to take refuge in the Lord  
than to trust in princes.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever.  
Amen.

### **Silent Prayer**

*Take a minute or two of silence for prayer, using the above psalm as a starting point.*

### **Psalm Prayer**

Lord God, you have given us the great day of rejoicing:  
Jesus Christ, the stone rejected by the builders, has

become the cornerstone of the Church, our spiritual home. Shed upon your Church the rays of your glory, that it may be seen as the gate of salvation open to all nations. Let cries of joy and exultation ring out from its tents, to celebrate the wonder of Christ’s resurrection.

**Antiphon:** While they were at supper, Jesus took bread, said the blessing, broke the bread and gave it to his disciples, alleluia.

### **Scripture Reading - Proverbs 9:1-2**

Wisdom has built her house,  
she has set up her seven columns;  
She has dressed her meat, mixed her wine,  
yes, she has spread her table.

### **Intercessions**

- Christ, eternal priest of the Most High, you have commanded your priests to offer your sacraments, may they help them to exemplify in their lives the meaning of the sacred mysteries which they celebrate. *(If praying with others, add: We pray to the Lord.)*

- Christ, through your bread you offer the remedy for immortality and the pledge of future resurrection, restore health to the sick and living hope to sinners. *(If praying with others, add: We pray to the Lord.)*

- Unseen host of our banquet, you stand at the door and knock, come to us, stay and share the evening meal with us. *(If praying with others, add: We pray to the Lord.)*

**The Lord’s Prayer** Our Father. . .

### **Closing Prayer**

O God,  
who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray, so to revere the sacred mysteries  
of your Body and Blood that we may always experience  
in ourselves the fruits of your redemption.  
Who live and reign with God the Father in the unity of  
the Holy Spirit,  
one God, for ever and ever.  
— Amen.