

## Morning Prayer

### **Begin with this while making the sign of the cross:**

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.  
Alleluia.

### **Psalm 81**

**Antiphon:** Ring out your joy to God our strength.

Ring out your joy to God our strength,  
shout in triumph to the God of Jacob.

Raise a song and sound the timbrel,  
the sweet-sounding harp and the lute,  
blow the trumpet at the new moon,  
when the moon is full, on our feast.

For this is Israel's law,  
a command of the God of Jacob.  
He imposed it as a rule on Joseph,  
when he went out against the land of Egypt.

A voice I did not know said to me:  
"I freed your shoulder from the burden;  
your hands were freed from the load.  
You called in distress and I saved you.

I answered, concealed in the storm cloud,  
at the waters of Meribah I tested you.  
Listen, my people, to my warning,  
O Israel, if only you would heed!

Let there be no foreign god among you,  
no worship of an alien god.  
I am the Lord your God,  
who brought you from the land of Egypt.  
Open wide your mouth and I will fill it.

But my people did not heed my voice  
and Israel would not obey,  
so I left them in their stubbornness of heart  
to follow their own designs.

O that my people would heed me,  
that Israel would walk in my ways!  
At once I would subdue their foes,  
turn my hand against their enemies.

The Lord's enemies would cringe at their feet  
and their subjection would last forever.  
But Israel I would feed with finest wheat

and fill them with honey from the rock."

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

### **Silent Prayer**

*Take a minute or two of silence for prayer, using the above psalm as a starting point.*

### **Psalm Prayer**

Lord God, open our mouths to proclaim your glory. Help us to leave sin behind and to rejoice in professing your name.

**Antiphon:** Ring out your joy to God our strength.

### **Scripture Reading -1 Corinthians 15:1-2a, 3-4**

Brothers, I want to remind you of the gospel I preached to you, which you received and in which you stand firm. You are being saved by it at this very moment. I handed on to you first of all what I myself received, that Christ died for our sins in accordance with the Scriptures; that he was buried and, in accordance with the Scriptures, rose on the third day.

### **Intercessions**

- You gave wonderful guidance to your Church through her holy and distinguished teachers, may Christians rejoice always in the splendid legacy given to your Church. (*If praying with others, add: We pray to the Lord.*)
- When their holy pastors prayed to you, as Moses had done, you forgave the sins of the people, through the intercession of these holy pastors continue to sanctify and purify your Church (*If praying with others, add: We pray to the Lord.*)
- You anointed your holy ones in the midst of their brothers and called the Holy Spirit down upon them, fill all those who are searching for a cure to the COVID-19 virus with the Holy Spirit. (*If praying with others, add: We pray to the Lord.*)

**The Lord's Prayer** Our Father. . .

### **Closing Prayer**

Lord,  
true light and source of all light,  
listen to our morning prayer.  
Turn our thoughts to what is holy  
and may we ever live in the light of your love.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.  
— Amen.