

Morning Prayer

Begin with this while making the sign of the cross:

Lord, + open my lips. – And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Psalm 43

Antiphon: Lord, send forth your light and your truth.

Defend me, O God, and plead my cause
against a godless nation.
From deceitful and cunning men
rescue me, O God.

Since you, O God, are my stronghold,
why have you rejected me?
Why do I go mourning,
oppressed by the foe?

O send forth your light and your truth;
let these be my guide.
Let them bring me to your holy mountain,
to the place where you dwell.

And I will come to the altar of God,
the God of my joy.
My redeemer, I will thank you on the harp,
O God, my God.

Why are you cast down, my soul,
why groan within me?
Hope in God; I will praise him still,
my savior and my God.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

Silent Prayer

Take a minute or two of silence for prayer, using the above psalm as a starting point.

Psalm Prayer

Almighty Father, source of everlasting light, send forth

your truth into our hearts and pour over us the brightness of your light.

Antiphon: Lord, send forth your light and your truth.

Scripture Reading - 1 Thessalonians 5:4-5

You are not in the dark, brothers, that the day should catch you off guard, like a thief. No, all of you are children of light and of the day. We belong neither to darkness nor to night.

Intercessions

- Lord Jesus, we honor your resurrection in our morning prayer, the hope of your glory enlightens our day. *(If praying with others, add: We pray to the Lord.)*

- In your goodness, O Lord, shed light upon those who are in despair or ill, as a result of the COVID-19 virus, may they know of your Love and presence this morning. *(If praying with others, add: We pray to the Lord.)*

- Accept, Lord, our prayers and petitions, as the firstfruits of our day. *(If praying with others, add: We pray to the Lord.)*

The Lord's Prayer Our Father. . .

Closing Prayer

Lord Jesus Christ,
true light of the world,
you guide all mankind to salvation.
Give us the courage, strength and grace
to build a world of justice and peace,
ready for the coming of that kingdom.
You live and reign for ever and ever.
— Amen.